LIFE CHANGING MINISTRIES INTERNATIONAL

 Bible Study Outline

 Dr. E.K.D. Quick

Topic: Introduction to Bitterness Memory verses – Hebrews 12:15

Greek = “Pikria” = Intensely harsh towards, hard to receive from, accusative in nature.

Bitterness is a deeply rooted sin that is caused by unresolved maladjusted feelings. Resulting in 1) Broken relationships, 2) Broken relationships with others and 3) Evil fruit production.

I. Key Biblical Maxims

* Bitterness is what we feel when others sin against us.
* Bitterness is often toward those who are closest to us.
* Bitterness is remembers details.
* Bitterness is accumulates over time.
* Bitterness is not justified.
* Bitterness is located in the root and manifested in negative behaviors.

II. Sample steps of retrogression

Begins with…….1 a) Expectations not met b) Insecurities c) Wronged/Offended

Leads to………..2 a) Disappointment(s) b) Jealousy c) Unforgiveness

Leads to………..3 a) Feelings of = hurt, betrayal, anger(s), wrath, judge

Leads to………..4 a) Actions – resentment, backbiting, sedition, whispering, hatred, strife,

 faultfinding, variance, revenge, murder(s)

Root……………5 a) Bitterness must be dug up at the root with the “shovel of forgiveness”

State of…………6 a) Spirituality in vain (Reconciliation before church celebration)

State of…………7 a) 3-fold sickness (Physical, Emotional, Spiritual)

State of…………8 a) Pathologcal Euphoria (Do not self medicate wounds)

Matthew 7:1-5, I Sam 18:6-13, Acts 13:45, James 3, Col 3:19, II Tim 3:3, Ezek 28:11-29(18), Gen 4:1-14, I John 3:15, Is 59:1-2, Prov 18:8, Micah 6:13, Rev 9:19-21, Rev 16:9, Ruth 1:20-21, Matt 5:23-23, Matt 18:21-35, Gal 5:20, Luke 4:18, Psalms 15, Rom 1:29-31, Rom 3:14, Luke 15:25-32, Gen 37, Jonah 4:4/9, Acts 13:13, Acts 15:37-39, Num 16.

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III. Solutions

* Take ownership and confess – Heb 12:15, Ps 139:23-24, I John 1:9
* To get apology is no prerequisite – Eph 4:31, Col 3:8, II Tim 4:6
* Repent/Forgive (them & self) – Matt 18:21-35, Mark 11:25-26, Luke 17:3-4, Luke 23:34
* Reconciliation(s) – (not emphasis on who’s right or wrong) – Gal 6:1, Prov 19:11, Gen 50:15-21, Matt 5:23-24, Matt 18:15-17, I Cor 6:7, Rom 12:17-21
* Tame the tongue – James 3, Eph 4:29, Prov 25:23, I Tim 3:11, Ex 23:1

a – Why am I saying this?

b – Is it possible that there is another side to this?

c – Would I feel comfortable saying this to Jesus?

Gossip – 1) evil and/or 3rd person speech about others, 2) unauthenticated stories

d – Example of Jesus – Is 53:3/9, Phil 2:5-8, Luke 22:62-65, I Pet 2:23

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